

Wash Your Hands the Right Way!

Do you know how to wash your hands the RIGHT way?

Somebody scrambled the steps for washing your hands! Cut out the hands with the numbers on them and match them to the step!



Rub your hands together to make as many bubbles as you can.



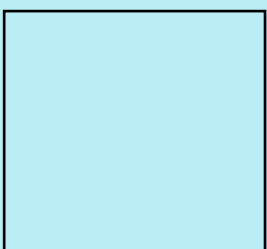
Dry your hands off with a clean towel, paper towel or air dryer.



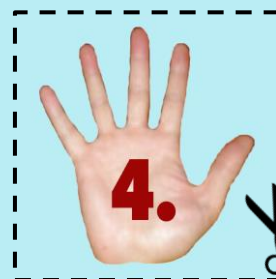
Wet your hands with warm running water before you get the soap.

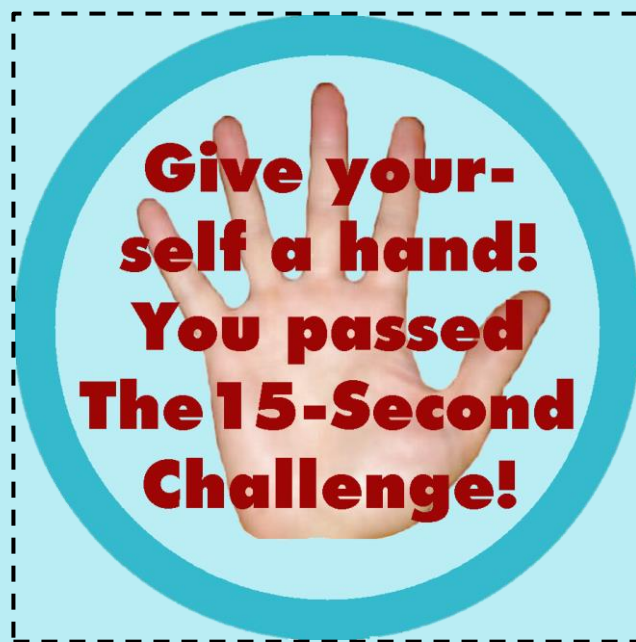


Rinse all the bubbles off under warm running water.



Make sure the bubbles get all over the front and back of your hands, between your fingers and under your nails. Try to rub your hands for at least 15 seconds.





BONUS: If you get something gross on your hands and you don't have soap and water, hand sanitizers or wipes can help.

Answer key:

- 1.** Wet your hands with warm running water before you get the soap.
- 2.** Rub your hands together to make as many bubbles as you can.
- 3.** Make sure the bubbles get all over the front and back of your hands, between your fingers and under your nails. Try to rub your hands for at least 15 seconds.
- 4.** Rinse all the bubbles off under warm running water.
- 5.** Dry your hands off with a clean towel, paper towel or air dryer.